



2.1

Signs of Sickness





3.1

Cold Shapes

When you have a cold, you have a runny nose and a cough. Sometimes you have a fever.

Yes, you can catch a cold from someone else.

Yes, a cold will go away. It will last only a few days.

Washing my hands often can help me not get a cold.





3.2

Diabetes Shapes

When you have diabetes, there is too much sugar in the blood.

No, you cannot catch diabetes from someone else.

No, diabetes will not go away. Diabetes may last all your life.

Eating healthful foods and getting a lot of exercise can help me not get diabetes.





3.3

Comparing Diseases

Colds	Diabetes
What is a cold?	What is diabetes?
What can you do to not get a cold?	What can you do to not get diabetes?
Will a cold go away?	Will diabetes go away?
Can you catch a cold from others?	Can you catch diabetes from others?





5.1

What I Have Learned







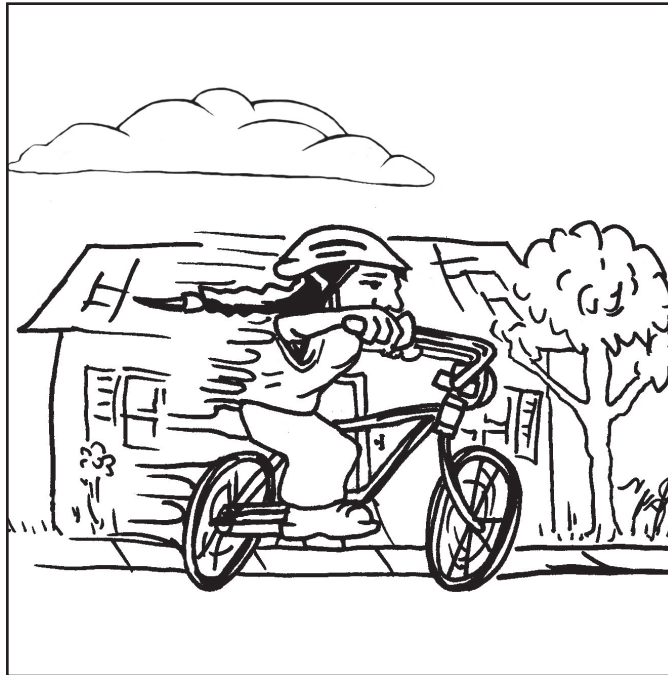
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