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"Catch Your Dream Through a Superior Education"

KBOCC Certified Nursing Assistant Program

Health History Form

(All fields marked with * are required and must be filled)

Name *

First Middle Last

Email *

Address *

Street Address

Street Address Line 2

City State/Province Zip Code

County of Residence *

Do you require any accommodations for a disability?

* Yes

No

Have you been under the care of a physician within the last year? *

Yes

No

Have you been taking any medication regularly in the last year? *

Yes

No

Check all the following you have experienced in the past three weeks: *

Fever

Chills

Night Sweats

Loss of Appetite

Coughing up blood

Weight Loss

Fatigue

I have not experienced any of these symptoms

Please tell us when you experienced these symptoms and provide any circumstances that help contextualize your experience. (ie flu, cold, etc).

Can you lift a minimum of 50 pounds? *

Yes

No

Students must have a 2-part TB test and bring proof of such prior to starting clinical training. TB testing is available from local Health Departments or from you doctor.

Typical demands placed on the Certified Nursing Assistant: (Examples provided are not an exhaustive list of associated tasks to meet program technical standards).

Requirements	Standard	Examples
Critical Thinking and Cognitive Competencies	Sufficient critical thinking and cognitive abilities in classroom and clinical settings.	Make safe, immediate, well-reasoned clinical judgements. Identify cause/effect relationships in all clinical situations and respond appropriately. Utilize the scientific method and current standards of evidence-based medicine/practice to plan, prioritize and implement patient care. Evaluate effectiveness of health-related interventions. Accurately follow course syllabi, assignments, directions, academic and facility patient protocols, and any action plan(s) developed by the director, faculty, administration, or healthcare institution. Measure, calculate, reason, analyze and/or synthesize data as it applies to patient care and medication administration.
Professionalism	Interpersonal skills sufficient for professional interaction with a diverse population of individuals, families and groups.	Establish effective, professional relationships with patient, families, staff and colleagues with varied socioeconomic, emotional, cultural, and intellectual backgrounds. Capacity to engage in successful conflict resolution. Capacity to comply with all ethical and legal standards, including those of the healthcare profession and the corresponding policies of the College and Clinical Placement Facilities. Ability to relate to patients, families, staff and colleagues with honesty, integrity, and non-discrimination. Ability to self-regulate
		behavior and maintain composure during stressful or sensitive care of clients in all areas of the healthcare environment. Respond appropriately to constructive criticism. Effectively work independently and cooperatively in team situations. Displays attributes of professionalism such as: integrity, honesty, responsibility, accountability, altruism, compassion, empathy, trust, tolerance, and unbiased attitudes.
Communication	Communication sufficient for professional interactions	Explanation of treatment, procedure, initiation of health teaching (e.g. teach-back or show-me method). Accurately obtain information from patients, family members/significant others, health team members, and/or faculty. Documentation and interpretation of health-related interventions and patient responses. Read, write, interpret, comprehend, and legibly document in multiple formats using standard English. To relay accurate and thorough information in oral, written, and electronic forms for continuity of care with all health care team members appropriately. Communicate in a courteous, nonaggressive, non-defensive manner with instructors, peers, staff, patients and health care team members.
Mobility	Physical abilities sufficient for movement from room to room and in small spaces.	Functional movement about patient's room, workspaces, and treatment areas. Administer rescue procedures such as cardiopulmonary resuscitation. The physical ability to transition quickly to accommodate patient needs and to maneuver easily in urgent situations for client safety. Walking, standing, squatting, prolonged standing or sitting in uncomfortable positions, twisting, rotating, reaching arms above shoulders.
Motor Skills	Gross and fine motor abilities which are sufficiently effective and safe for providing Allied Health Care	Ability to effectively calibrate and use equipment. Strength to carry out patient care procedures, such as assisting in the turning and lifting/transferring of patients. Perform and/or assist with expected procedures, treatments, and medication administration using appropriate sterile or clean technique (for example, medication administration, insertion of catheters). This can require hand-eye coordination, squeezing, grasping, and the manipulation of small objects. Perform CPR. Physical endurance sufficient to complete all required tasks during the assigned period of clinical practice, including the physical and mental demands of a 12-hour clinical shift. To physically be able to control falls by slowly lowering patient to floor. Lift or move (turn, position) clients or objects, pull or push objects weighing up to 50 pounds to accommodate client care needs.
Sensory	Auditory and visual ability sufficient for observing, monitoring and assessing health needs.	Ability to detect monitoring device alarm and other emergency signals. Ability to discern sounds and cries for help. Ability to observe client's condition and responses to treatments, movement, or changes in environment. Ability to collect information through listening, seeing, smelling, and observation and respond appropriately. Ability to detect foul odors, smoke, changes in skin temperature, skin color, skin integrity, skin texture, edema, equilibrium, movement, and other anatomical abnormalities. Accurately observe a patient in a room from a distance of up to 20 feet away. Accurately collect data from recording equipment and measurement devices used in client care. Accurately read medication and supply labels. Evaluate for a safe environment.

Observation	Ability to sufficiently make observations in a health care environment, consistent with program competencies	Accurate interpretation of information obtained from digital, analog, and waveform diagnostic tools such as temperatures, blood pressures, and cardiac rhythms as well as diagnostic tools that monitor or obtain physiological phenomena with client care. Observation and interpretation of the following: client heart and body sounds, body language; color of wounds, drainage, urine, feces, expectoration; sensitivity to heat, cold, pain and pressure; and signs and symptoms of disease, pain, and infection.
Tactile Sense	Tactile ability sufficient for physical assessment.	Ability to palpate in physical examinations and various therapeutic interventions. To detect temperature changes and feel vibrations (pulses) and palpate veins for cannulation.
Environmental Adaptability	Ability to tolerate environmental stressors.	Work with chemicals and detergents. Tolerate exposure to odors. Work in close proximity to others. Work in areas of potential physical violence. Work with infectious agents and blood borne pathogens.

Given the above program demands, are there any medical conditions, disabilities, or limitations that could restrict your participation in the nursing program? ____ Yes ____ No Explain any accommodations necessary for you to meet the program requirements. Any student who is not in compliance with the physical exam/health requirements as specified in individual program regulations will not be allowed to begin or continue in his/her curriculum.

I certify that my answers on this form are true and complete. I also understand that I may be terminated from a program if any of this information has been falsified.

Signature:

Today's Date